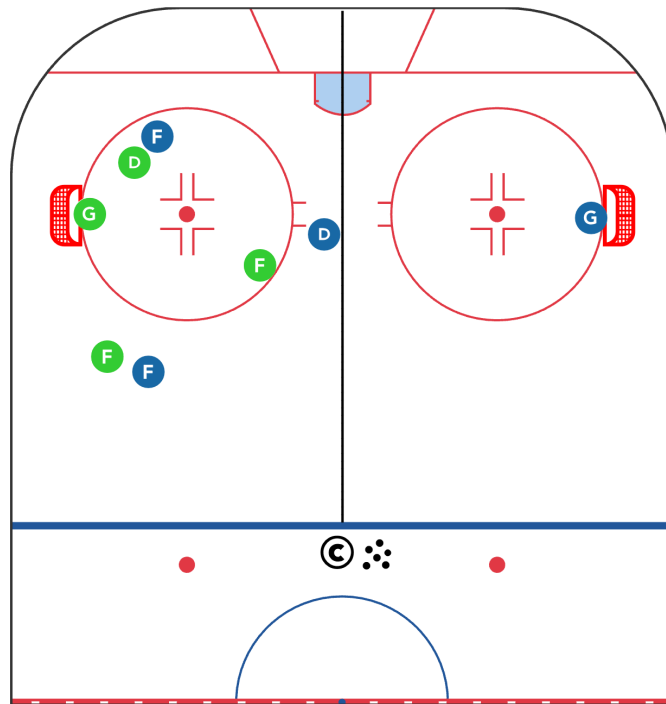




3rd man high



Description

Game is played 3v3 cross ice. Object of the game is for attacking team to keep 3rd player above the puck defensively at all times while. Defending team looking to transition on offense to other end. Change on the fly

Key Points

- Defensively keeping 3rd player above puck at all times.
- D can activate and try and score forwards need to cover/reload high
- Communication is paramount
- D shoot for sticks/deflections